

7671312

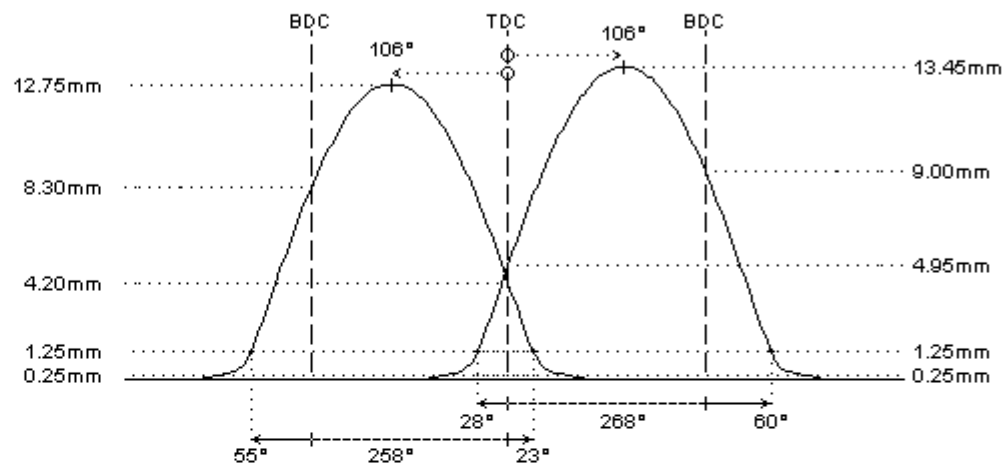
full race

Volkswagen ABF 150hp

I-4cyl 2.0L 16v DOHC (DTH/DTH)



	intake	exhaust
camshaft data:		
lash ramp	: 0.25mm	0.25mm
duration @ 0.1mm	: 303°	293°
duration @ 1.0mm	: 268°	258°
valve lift	: 13.45mm	12.75mm
cam lift	:	
lobe angle	: 106°	106°
timing @ 1.0mm	: 28° / 60°	55° / 23°
valve lift @ TDC	: 4.95mm	4.20mm
parts setup:		
cam wheels :	TVW033	CTVW006
follower	CC005	CC005
valve lash	TS102	TS102
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	99315	99315
lower retainer	not available	not available
exterior spring	PAC-E12009	PAC-E12009
interior spring	PAC-I12009	PAC-I12009
fitted load / length	: 30kg @ 34.0mm	: 30kg @ 34.0mm
max. load / lift	: 100kg @ 14.0mm	: 100kg @ 14.0mm



REMARKS :

- # - cast iron camshafts
- # - valve clearance is to be adjusted using mechanical lash caps
- please make sure that the lash cap does not touch the valve locks !
- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
 - the camshafts must turn smooth in the cylinderhead, provide free travel by machining where needed
 - distance between valve seal and retainer at full lift must be 0.6mm at least
 - minimum valve spring travel of 1.0mm at full lift must be provided
 - distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC on intake
- # ONLY for use in competition engines with independent engine management (throttle position sensor) or carburetors

REMARKS :

- # check distance between valve seal and retainer to be at least 0.6mm at full lift
- # if required, machine cylinder head and / or use solid shims to adjust spring load
- # ONLY for 7mm valves with tripple groove (MK-7H valve keepers)