

4601103

hot street - dirt track

Opel CIH

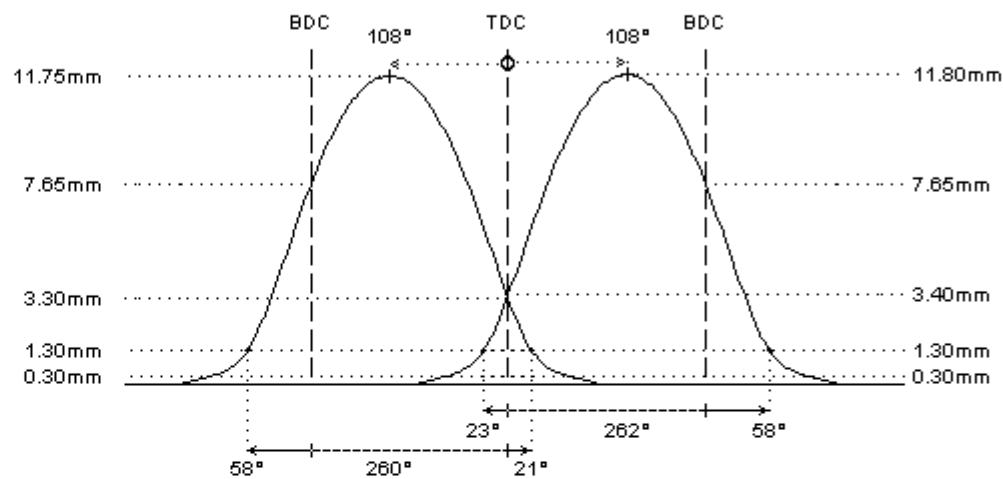
I-6cyl 3.0L 12v SOHC (FTH/FTH)



	intake	exhaust
camshaft data:		
lash ramp	: 0.30mm	0.30mm
duration @ 0.1mm	: 315°	312°
duration @ 1.0mm	: 261°	259°
valve lift	: 11.80mm	11.75mm
cam lift	: 7.90mm	7.85mm
lobe angle	: 108°	108°
timing @ 1.0mm	: 23° / 58°	58° / 21°
valve lift @ TDC	: 3.40mm	3.30mm
parts setup:		
cam wheels :	: TOPCIH	: TOPCIH
follower	: CAT046	: CAT046
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: PAC-S90006	: PAC-S90007
interior spring		
fitted load / length	: 0kg @ 0.0mm	: 0kg @ 0.0mm
max. load / lift	: 0kg @ 0.0mm	: 0kg @ 0.0mm

REMARKS :

in most engines, the std valve springs can be replaced by PAC-S99006 (intake) and PAC-S99007 (exhaust) without further modifications.



REMARKS :

- # - chilled cast iron camshafts
- # Valve lift and timing specifications assume fixed rocker arm ratio of RR1,500. This can be obtained by replacing the O.E.M. rocker arms by the Catcams Roller rocker arms.
- # FOR COMPETITION APPLICATIONS ONLY. Following details must be verified:
 - the camshafts must turn smooth in the cylinderhead, provide free travel by machining where needed
 - distance between valve seal and retainer at full lift must be 0.6mm at least
 - minimum valve spring travel of 1.0mm at full lift must be provided
 - distance between valve and piston 1.0mm (pref. 1.5mm). check 5-15° before TDC on exhaust, and after TDC on intake
- # ONLY for use in competition engines with independent engine management (throttle position sensor) or carburetors