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sport

Opel CIH

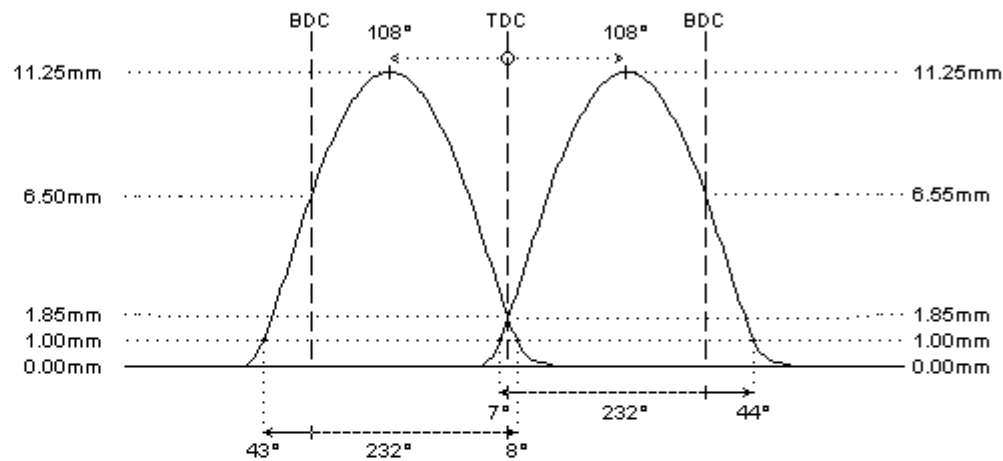
I-6cyl 3.0L 12v SOHC (FTH/FTH)



| | intake | exhaust |
|-----------------------|---------------|---------------|
| camshaft data: | | |
| lash ramp | : hydro | hydro |
| duration @ 0.1mm | : 272° | 272° |
| duration @ 1.0mm | : 231° | 231° |
| valve lift | : 11.25mm | 11.25mm |
| cam lift | : 7.50mm | 7.50mm |
| lobe angle | : 108° | 108° |
| timing @ 1.0mm | : 7° / 44° | 43° / 8° |
| valve lift @ TDC | : 1.85mm | 1.85mm |
| parts setup: | | |
| cam wheels : | : | : |
| follower | : O.E.M. | : O.E.M. |
| valve lash | : O.E.M. | : O.E.M. |
| valve | : O.E.M. | : O.E.M. |
| valve locks | : O.E.M. | : O.E.M. |
| upper retainer | : O.E.M. | : O.E.M. |
| lower retainer | : O.E.M. | : O.E.M. |
| exterior spring | : O.E.M. | : O.E.M. |
| interior spring | : | : |
| | | |
| fitted load / length | : 0kg @ 0.0mm | : 0kg @ 0.0mm |
| max. load / lift | : 0kg @ 0.0mm | : 0kg @ 0.0mm |

REMARKS :

original valve spring info is not available



REMARKS :

- chilled cast iron camshafts

Valve lift and timing specifications assume fixed rocker arm ratio of RR1,500. This can be obtained by replacing the O.E.M. rocker arms by the Catcams Roller rocker arms.