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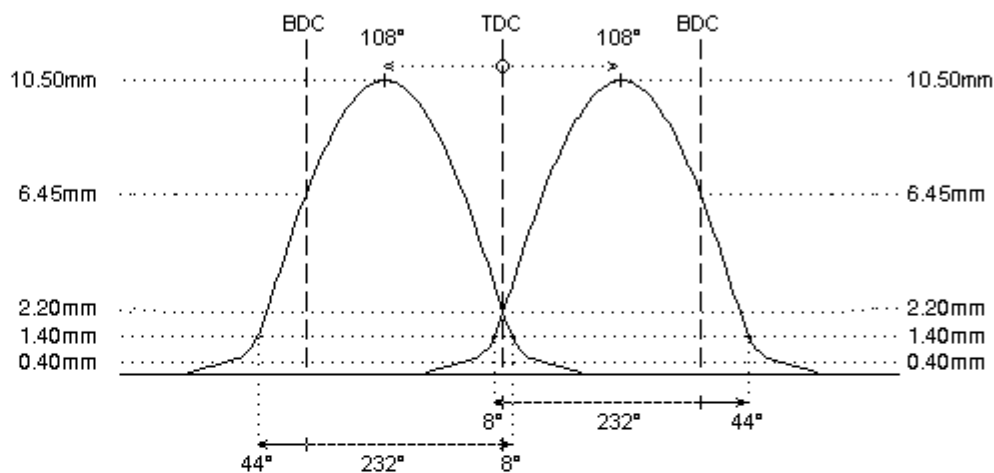
sport

Opel CIH

I-6cyl 3.0L 12v SOHC (FTH/FTH)



	intake	exhaust
camshaft data:		
lash ramp	: 0.38mm	0.38mm
duration @ 0.1mm	: 280°	280°
duration @ 1.0mm	: 232°	232°
valve lift	: 10.50mm	10.50mm
cam lift	: 7.00mm	7.00mm
lobe angle	: 108°	108°
timing @ 1.0mm	: 8° / 44°	44° / 8°
valve lift @ TDC	: 2.20mm	2.20mm
parts setup:		
cam wheels :	: TOPCIH	: TOPCIH
follower	: CAT046	: CAT046
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: PAC-S90006	: PAC-S90007
interior spring		
fitted load / length	: 0kg @ 0.0mm	: 0kg @ 0.0mm
max. load / lift	: 0kg @ 0.0mm	: 0kg @ 0.0mm



REMARKS :

- chilled cast iron camshafts

Valve lift and timing specifications assume fixed rocker arm ratio of RR1,500. This can be obtained by replacing the O.E.M. rocker arms by the Catcams Roller rocker arms.

REMARKS :

in most engines, the std valve springs can be replaced by PAC-S99006 (intake) and PAC-S99007 (exhaust) without further modifications.