

# 4631236

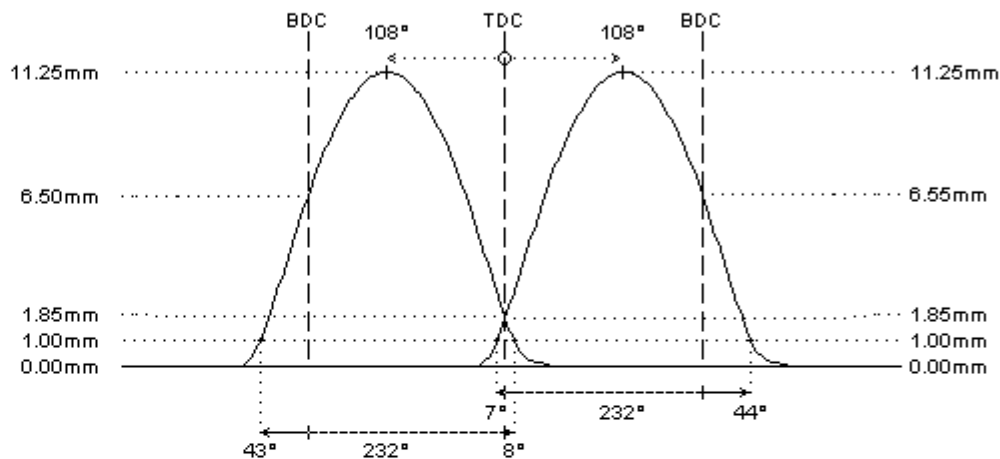
sport

Opel CIH

I-6cyl 3.0L 12v SOHC (FTH/FTH)



	intake	exhaust
<b>camshaft data:</b>		
lash ramp	: hydro	hydro
duration @ 0.1mm	: 272°	272°
duration @ 1.0mm	: 231°	231°
valve lift	: 11.25mm	11.25mm
cam lift	: 7.50mm	7.50mm
lobe angle	: 108°	108°
timing @ 1.0mm	: 7° / 44°	43° / 8°
valve lift @ TDC	: 1.85mm	1.85mm
<b>parts setup:</b>		
cam wheels :	:	:
follower	: O.E.M.	: O.E.M.
valve lash	: O.E.M.	: O.E.M.
valve	: O.E.M.	: O.E.M.
valve locks	: O.E.M.	: O.E.M.
upper retainer	: O.E.M.	: O.E.M.
lower retainer	: O.E.M.	: O.E.M.
exterior spring	: O.E.M.	: O.E.M.
interior spring	:	:
fitted load / length	: 0kg @ 0.0mm	: 0kg @ 0.0mm
max. load / lift	: 0kg @ 0.0mm	: 0kg @ 0.0mm



### REMARKS :

# - steel billet camshafts

# Valve lift and timing specifications assume fixed rocker arm ratio of RR1,500. This can be obtained by replacing the O.E.M. rocker arms by the Catcams Roller rocker arms.

### REMARKS :

# original valve spring info is not available